

## 52 Week Savings Plan

Let's face it: saving money is a challenge. It doesn't help that we live in an "I want it now" society. Often times we pay our bills, and whatever is left is our "fun money." But we're forgetting the most crucial bill to pay, the one we owe to ourselves. We're so busy giving money to the utility company, the coffee shop, our favorite restaurant, etc., we forget to pay ourselves.

The idea is simple:

- **Week One: save \$1. Easy, huh?**
- **Week Two: save \$2. Still pretty easy.**
- **Week Three: save \$3. Ok, that's one tall cappuccino.**
- **Week Four: save \$4. I see what's happening here...**
- **By the time you get to week 52, you'll have saved \$1,378!**

If you're interested in following the calendar, you'll need to prime the pot with a few dollars for the weeks you missed to start the year. If not, you can start in the first week of April (or whenever you're reading this, there's no time like the present!). Start from the end! Or, jump around the chart, checking off the weeks as you go along. You may find it easier to save higher amounts of money at different points in the plan due Holidays. The "52-Week Savings Plan" is designed to make it easier to save.

| Keep this sheet in a place you'll see every day to help keep track of your goals. |                |                              |             |      |                |                              |             |
|---|----------------|------------------------------|-------------|------|----------------|------------------------------|-------------|
| WEEK  | DEPOSIT AMOUNT | DEPOSIT COMPLETE (checkmark) | TOTAL SAVED | WEEK | DEPOSIT AMOUNT | DEPOSIT COMPLETE (checkmark) | TOTAL SAVED |
| 1   | \$1.00         |                              | \$1.00      | 27   | \$27.00        |                              | \$378.00    |
| 2   | \$2.00         |                              | \$3.00      | 28   | \$28.00        |                              | \$406.00    |
| 3   | \$3.00         |                              | \$6.00      | 29   | \$29.00        |                              | \$435.00    |
| 4   | \$4.00         |                              | \$10.00     | 30   | \$30.00        |                              | \$465.00    |
| 5   | \$5.00         |                              | \$15.00     | 31   | \$31.00        |                              | \$496.00    |
| 6   | \$6.00         |                              | \$21.00     | 32   | \$32.00        |                              | \$528.00    |
| 7   | \$7.00         |                              | \$28.00     | 33   | \$33.00        |                              | \$561.00    |
| 8   | \$8.00         |                              | \$36.00     | 34   | \$34.00        |                              | \$595.00    |
| 9   | \$9.00         |                              | \$45.00     | 35   | \$35.00        |                              | \$630.00    |
| 10  | \$10.00        |                              | \$55.00     | 36   | \$36.00        |                              | \$666.00    |
| 11  | \$11.00        |                              | \$66.00     | 37   | \$37.00        |                              | \$703.00    |
| 12  | \$12.00        |                              | \$78.00     | 38   | \$38.00        |                              | \$741.00    |
| 13  | \$13.00        |                              | \$91.00     | 39   | \$39.00        |                              | \$780.00    |
| 14  | \$14.00        |                              | \$105.00    | 40   | \$40.00        |                              | \$820.00    |
| 15  | \$15.00        |                              | \$120.00    | 41   | \$41.00        |                              | \$861.00    |
| 16  | \$16.00        |                              | \$136.00    | 42   | \$42.00        |                              | \$903.00    |
| 17  | \$17.00        |                              | \$153.00    | 43   | \$43.00        |                              | \$946.00    |
| 18  | \$18.00        |                              | \$171.00    | 44   | \$44.00        |                              | \$990.00    |
| 19  | \$19.00        |                              | \$190.00    | 45   | \$45.00        |                              | \$1,035.00  |
| 20  | \$20.00        |                              | \$210.00    | 46   | \$46.00        |                              | \$1,081.00  |
| 21  | \$21.00        |                              | \$231.00    | 47   | \$47.00        |                              | \$1,128.00  |
| 22  | \$22.00        |                              | \$253.00    | 48   | \$48.00        |                              | \$1,176.00  |
| 23  | \$23.00        |                              | \$276.00    | 49   | \$49.00        |                              | \$1,225.00  |
| 24  | \$24.00        |                              | \$300.00    | 50   | \$50.00        |                              | \$1,275.00  |
| 25  | \$25.00        |                              | \$325.00    | 51   | \$51.00        |                              | \$1,326.00  |
| 26  | \$26.00        |                              | \$351.00    | 52   | \$52.00        |                              | \$1,378.00  |

**In One Year, you'll save \$1,378.00**